



# CALENDAR OF EVENTS [www.activelaunceston.com.au](http://www.activelaunceston.com.au) Move More, Live More with Active Launceston

## January 2012

<p><b>TUESDAY 3 JANUARY</b> Active Parks – Stretch &amp; Strengthen 10.00 am Tuesdays Torrens St Community Park, Mayfield</p> <p><b>WEDNESDAY 4 JANUARY</b> Active parks – Fun &amp; Fitness 6.00 am Wednesdays City Park</p> <p>Active Parks – Fun &amp; Fitness 6.00 pm Wednesdays Punchbowl Reserve</p> <p><b>Launceston Walking Club General Meeting</b> 7.30 pm Wednesday 4 January Grammar Junior School 10 Lyttleton Street <a href="http://www.launcestonwalkingclub.org.au">www.launcestonwalkingclub.org.au</a></p> <p><b>THURSDAY 5 JANUARY</b> Active Parks – Tai Chi 12.30pm Thursdays City Park</p> <p><b>FRIDAY 6 JANUARY</b> Active Parks – Gentle Exercise 10.00 am Fridays Hoo Hoo Hut Heritage Forest, Invermay</p>	<p><b>SATURDAY 7 JANUARY</b> Active Parks – Tai Chi 10.00 am Saturdays Punchbowl Reserve</p> <p><b>MONDAY 9 DECEMBER</b> Active Parks – Stretch &amp; Strengthen 6.00 pm Mondays City Park</p> <p><b>TUESDAY 10 JANUARY</b> Active Parks – Stretch &amp; Strengthen 10.00 am Tuesdays Torrens St Community Park, Mayfield</p> <p><b>Dragon Boat Paddling on the TAMAR</b> Breast Cancer Survivors 5.30 pm Tuesday 10 January Information: 63 444614</p> <p><b>WEDNESDAY 11 JANUARY</b> Active parks – Fun &amp; Fitness 6.00 am Wednesdays City Park</p> <p>Active Parks – Fun &amp; Fitness 6.00 pm Wednesdays Punchbowl Reserve</p>	<p><b>THURSDAY 12 JANUARY</b> Active Parks – Tai Chi 12.30pm Thursdays City Park</p> <p><b>FRIDAY 13 JANUARY</b> Active Parks – Gentle Exercise 10.00 am Fridays Hoo Hoo Hut Heritage Forest, Invermay</p> <p><b>SATURDAY 13 JANUARY</b> Active Parks – Tai Chi 10.00 am Saturdays Punchbowl Reserve</p> <p><b>MONDAY 16 JANUARY</b> Active Parks – Stretch &amp; Strengthen 6.00 pm Mondays City Park</p> <p><b>TUESDAY 17 JANUARY</b> Active Parks – Stretch &amp; Strengthen 10.00 am Tuesdays Torrens St Community Park, Mayfield</p> <p><b>WEDNESDAY 18 JANUARY</b> Active parks – Fun &amp; Fitness 6.00 am Wednesdays City Park</p>	<p>Active Parks – Fun &amp; Fitness 6.00 pm Wednesdays Punchbowl Reserve</p> <p><b>TBUG Family Ride &amp; BBQ</b> 5.30pm Wednesday 18 January Royal Park Information: 63436434</p> <p><b>FRIDAY 20 JANUARY</b> Active Parks – Gentle Exercise 10.00 am Fridays Hoo Hoo Hut Heritage Forest, Invermay</p> <p><b>SATURDAY 21 JANUARY</b> Active Parks – Tai Chi 10.00 am Saturdays Punchbowl Reserve Hoo Hoo Hut Heritage Forest, Invermay</p> <p><b>TUESDAY 24 JANUARY</b> Active Parks – Stretch &amp; Strengthen 10.00 am Tuesdays Torrens St Community Park, Mayfield</p> <p><b>WEDNESDAY 25 JANUARY</b> Active Parks – Fun &amp; Fitness 6.00 pm Wednesdays Punchbowl Reserve</p>	<p><b>FRIDAY 27 JANUARY</b> Active Parks – Gentle Exercise 10.00 am Fridays Hoo Hoo Hut Heritage Forest, Invermay</p> <p><b>SATURDAY 28 JANUARY</b> Active Parks – Tai Chi 10.00 am Saturdays Punchbowl Reserve</p> <p><b>OTHER:</b> <b>Croquet come &amp; try</b> 10 am Mondays Northern Tasmanian Croquet Centre St Leonards Sport Centre Information: 0439310070/0409060438</p> <p><b>Heals and Souls Dance World Ballroom, Latin &amp; Jazz Tuition \$</b> Group and Private Lessons Information: 0408343202</p> <p><b>Heart Foundation Walking</b> Network of community walking groups Information: 1300 36 27 87</p> <p><b>Please Note</b> There will be no Active Parks sessions On Australia Day Thursday 26th January</p>
--	---	--	--	--

The activities included in this calendar are a combination of Active Launceston funded initiatives and community initiatives that we support through our endorsement process.

**Not all activities are listed due to space restrictions.** For more information please visit the Active Launceston website [www.activelaunceston.com.au](http://www.activelaunceston.com.au) or phone 63 244027.

Do you want to have your activity included in this calendar? Is your activity endorsed by Active Launceston? It's easy, check out the website for more information.

\$ = Cost associated with activity