



# CALENDAR OF EVENTS [www.activelaunceston.com.au](http://www.activelaunceston.com.au) Move More, Live More with Active Launceston

## February 2012

<p><b>WEDNESDAY 1 FEBRUARY</b>  <b>Active Parks – Fun &amp; Fitness</b>            6.00 am Wednesdays            City Park</p> <p><b>Active Parks – Fun &amp; Fitness</b>            6.00 pm Wednesdays            Punchbowl Reserve</p> <p><b>Launceston Walking Club General Meeting</b>            7.30 pm Wednesday 1<sup>st</sup> February            Grammar Junior School            10 Lyttleton Street  <a href="http://www.launcestonwalkingclub.org.au">www.launcestonwalkingclub.org.au</a></p> <p><b>THURSDAY 2 FEBRUARY</b>  <b>Active Parks – Tai Chi</b>            12.30 pm Thursdays            City Park</p> <p><b>FRIDAY 3 FEBRUARY</b>  <b>Active Parks – Gentle Exercise</b>            10.00 am Fridays            Hoo Hoo Hut Heritage Forest, Invermay</p> <p><b>SATURDAY 4 FEBRUARY</b>  <b>Active Parks – Tai Chi</b>            10.00 am Saturdays            Punchbowl Reserve</p>	<p><b>TUESDAY 7 FEBRUARY</b>  <b>Active Parks – Stretch &amp; Strengthen</b>            10.00 am Tuesdays            Torrens St Community Park, Mayfield</p> <p><b>WEDNESDAY 8 FEBRUARY</b>  <b>Active Parks – Fun &amp; Fitness</b>            6.00 pm Wednesdays            Punchbowl Reserve</p> <p><b>Tamar Canoe Club</b>            Hadspen Kayak Racing            6.30 pm Wednesdays            South Esk Lions Park Hadspen  <a href="http://www.tamar.canoe.org.au">www.tamar.canoe.org.au</a></p> <p><b>THURSDAY 9 FEBRUARY</b>  <b>GOLD – AQUA FITNESS</b>            11.00 am Thursday 9<sup>th</sup> February            Launceston Swim School  <b>Bookings Essential: 0409806934</b></p> <p><b>FRIDAY 10 FEBRUARY</b>  <b>Active Parks – Gentle Exercise</b>            10.00 am Fridays            Hoo Hoo Hut Heritage Forest, Invermay</p> <p><b>SATURDAY 11 FEBRUARY</b>  <b>Active Parks – Tai Chi</b>            10.00 am Saturdays            Punchbowl Reserve</p>	<p><b>SUNDAY 12 FEBRUARY</b>  <b>TBUG- Retro Ride to Festvale</b>            9.00 am Sunday 12<sup>th</sup> February            Royal Park            Information: 0417573991</p> <p><b>TUESDAY 14 FEBRUARY</b>  <b>Active Parks – Stretch &amp; Strengthen</b>            10.00 am Tuesdays            Torrens St Community Park, Mayfield</p> <p><b>WEDNESDAY 15 FEBRUARY</b>  <b>Active Parks – Fun &amp; Fitness</b>            6.00 am Wednesdays            City Park</p> <p><b>Active Parks – Fun &amp; Fitness</b>            6.00 pm Wednesdays            Punchbowl Reserve</p> <p><b>THURSDAY 16 FEBRUARY</b>  <b>Active Parks – Tai Chi</b>            12.30 pm Thursdays            City Park</p> <p><b>Salsa Dance Class and Social</b> \$            6.30 pm Thursdays            St Ailbes Hall            46 Margaret Street            Enquires: 0409578107</p>	<p><b>FRIDAY 17 FEBRUARY</b>  <b>Active Parks – Gentle Exercise</b>            10.00 am Fridays            Hoo Hoo Hut Heritage Forest, Invermay</p> <p><b>SATURDAY 18 FEBRUARY</b>  <b>Active Parks – Tai Chi</b>            10.00 am Saturdays            Punchbowl Reserve            Hoo Hoo Hut Heritage Forest, Invermay</p> <p><b>Dragon Boat Paddling on the TAMAR</b>            Breast Cancer Survivors            Saturday 18<sup>th</sup> February            Information: 63 444614</p> <p><b>MONDAY 20 FEBRUARY</b>  <b>Active Parks – Stretch &amp; Strengthen</b>            6.00 pm Mondays            City Park</p> <p><b>TUESDAY 21 FEBRUARY</b>  <b>Active Parks – Stretch &amp; Strengthen</b>            10.00 am Tuesdays            Torrens St Community Park, Mayfield</p> <p><b>WEDNESDAY 22 FEBRUARY</b>  <b>Active Parks – Fun &amp; Fitness</b>            6.00 pm Wednesdays            Punchbowl Reserve</p>	<p><b>OTHER:</b>  <b>Croquet Session</b>            10 am Mondays            Northern Tasmanian Croquet Centre            St Leonards Sport Centre            Information: 0439310070/0409060438</p> <p><b>Heals and Souls Dance World Ballroom, Latin &amp; New Vogue</b> \$            Group and Private Lessons            Information: 0408343202</p> <p><b>Mini Boot Camp for kids</b> \$            Various times and age groups            Enquires: 0419587717  <a href="mailto:fitandkicking@westnet.com.au">fitandkicking@westnet.com.au</a>  <b>Registration Essential</b></p> <p><b>Pram Walk Puff ‘N’ Chat Group</b>            Tas Multiple Birth Association Northern Branch            10 am first Wednesday of the month            Inveresk Park &amp; Walk free car park            Information: 0417146529</p> <p><b>Please note that there will be no Sessions in City Park during Festvale (7<sup>th</sup> – 14<sup>th</sup> February)</b></p> <p><b>The Inveresk Park &amp; Walk car park will be closed from 7<sup>th</sup>-14<sup>th</sup> February</b></p>
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The activities included in this calendar are a combination of Active Launceston funded initiatives and community initiatives that we support through our endorsement process.

**Not all activities are listed due to space restrictions.** For more information please visit the Active Launceston website [www.activelaunceston.com.au](http://www.activelaunceston.com.au) or phone 63 244027.

Do you want to have your activity included in this calendar? Is your activity endorsed by Active Launceston? It's easy, check out the website for more information.

\$ = Cost associated with activity