

Active Launceston

is promoting Drug Action Week 2010 by providing 2 FREE physical activity sessions.

Wednesday 23rd June

10am-11am Tai Chi for beginners

11.30am-12.30pm Yoga for beginners

Bookings: via Headspace on 63 353100

Venue: Headspace corner Wellington & Brisbane Street Launceston



For more information on Active Launceston visit the website www.activelaunceston.com.au
or phone 63 244027



Move More, Live More with Active Launceston