

Expression of Interest

What: ACTIVE WALK *RUN* – New Active Launceston initiative

Where: Start and finish Royal Park, Park Street, Launceston

When: 5.45pm – 6.45pm, 3rd June – 19th August 2009

Service Required: 2 suitably qualified persons to coordinate 1 hour walking and running program.

Focus: ACTIVE WALK *RUN* is a new program aimed to encourage more community members to walk and run during the cold Tasmanian winter months!

ACTIVE WALK *RUN* has 4 aims;

1. Increase motivation and confidence to walk and or run during the winter.
2. Provide a safe environment for community members to be physically active after dark.
3. Provide participants with knowledge of safe walking and running practices.
4. Provide motivation for participants to join in local physical activity events such as the Launceston Ten.

Audience: The sessions will be open to all ages and abilities – prams and wheelchairs welcome.

Remuneration: \$100 per hr

Requirements: ABN, Public Liability Insurance and relevant qualifications

If you are interested in providing consultancy services for this program please contact

Lucy Marshall, Active Launceston Project Manager

63 244047 to receive a consultants brief.

Quotations close 17th April 2009.

This Expression of Interest is an initiative of Active Launceston.
Connecting the Fitness Industry to their community.

Active Launceston is a community driven project aimed to improve the health and wellbeing of the people of Launceston through increased participation in physical activity.

For more information on Active Launceston visit the website www.activelaunceston.com.au