

# Expression of Interest

**Focus:** Active Launceston is seeking expressions of interest from consultants to instruct and co-ordinate physically active sessions as part of the Active Northern Parks program and the new Active Southern Parks program for 2009/2010.

The programs are funded by Active Launceston and co-ordinated in partnership with Ravenswood Community Health Centre, Northern Suburbs Community Centre and Kings Meadows Community Health Centre. The programs offer free physical activities led by qualified instructors. Each session will require two persons including one instructor and one coordinator.

**What:** Active Northern Parks and Active Southern Parks

**When:** Daylight savings period, 5th October 2009 – 2nd April 2010

## Active Northern Parks

Tuesday	1.00pm – 2.00pm	Ravenswood Community Park	Pilates and/or Yoga
Friday	11.00am – 12.00pm	Caledonian Square, Invermay	Tai Chi

## Active Southern Parks

Monday	10.00am – 11.00am	Nunamina Ave Reserve, Kings Meadows	Gentle Exercise
Wednesday	5.45pm – 6.45pm	Nunamina Ave Reserve, Kings Meadows	Fun and Fitness (cross training)

The programs are FREE to community members and visitors of all ages and abilities and are designed to provide an opportunity for people to try a range of physical activities outdoors.

**Remuneration:** \$100 per session inc gst

**Requirements:** ABN, Public Liability Insurance and relevant qualifications

**If you are interested in providing consultancy services for one of more of these programs please contact  
Lucy Marshall, Active Launceston Project Manager  
63 244047 to receive a consultants brief. Quotations close 14<sup>th</sup> August 2009.**

*This Expression of Interest is an initiative of Active Launceston.  
Connecting the Fitness Industry to their community.*

For more information on Active Launceston visit the website [www.activelaunceston.com.au](http://www.activelaunceston.com.au)

Please note: **Active City Park** is managed by Launceston City Council, for more information please call 63 233613.

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