

# Expression of Interest

## Seeking physical activity providers....

**What:** 'Get Active Program'

**Where:** Diabetes Tasmania

**When:** 10 weeks, 13th May – 22<sup>nd</sup> July, Wednesdays 12.30pm

**Service Required:** 1 hour weekly physical activity sessions

**Focus:** Provide the participants with a variety of activities including anything from general movement, to yoga, to tai chi, to boot camp or circuit training.

**Audience:** Adults who face numerous barriers to participation in physical activity.

**Venue:** Large open indoor space, carpeted (or participants can travel to providers venue)

**Equipment:** If at Diabetes Tas provider must bring own equipment

**Remuneration:** To be negotiated with each provider

**Requirements:** ABN, Public Liability Insurance and relevant qualifications.

**If you are interested in taking a session during this 10 week program please contact**

**Sue Cullimore,**

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*This Expression of Interest is an initiative of Active Launceston.  
Connecting the Fitness Industry to their community.*

Active Launceston is a community driven project aimed to improve the health and wellbeing of the people of Launceston through increased participation in physical activity.

For more information on Active Launceston visit the website [www.activelaunceston.com.au](http://www.activelaunceston.com.au)