

Expression of Interest

Active Launceston Endorsed Initiative!

Seeking physical activity providers....

What: Circuit Session and Gentle Exercise

Where: Dr Henley's Clinic, Suite 7 QV Centre 7 High Street

When: Ongoing (depending on success)

Tuesdays 5.30pm – 6.30pm (circuit)

Fridays 10.30am – 11.30am (gentle exercise)

Service Required: 2 x 1 hour weekly physical activity sessions

Focus: Provide participants with a variety of exercise options.

Audience: Clinic patients and general community.

Venue: medium sized indoor space, carpeted (hold 15 max)

Equipment: provider to bring own equipment.

Remuneration: \$50 hr (participants will be charged \$5 each)

Requirements: ABN, Public Liability Insurance and relevant qualifications.

**If you are interested in taking these sessions please contact
Lucy Marshall Active Launceston Project Manager on
63 244047, 0409937421**

*This Expression of Interest is an initiative of Active Launceston.
Connecting the Fitness Industry to their community.*

Active Launceston is a community driven project aimed to improve the health and wellbeing of the people of Launceston through increased participation in physical activity.

For more information on Active Launceston visit the website www.activelaunceston.com.au

